



jonanstett  
GYMNASTICS

## WAIVER/RELEASE FORM

Jon Anstett Gymnastics  
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[www.jonanstettgymnastics.com](http://www.jonanstettgymnastics.com)

Student's Name: \_\_\_\_\_

We, the staff of Jon Anstett Gymnastics, recognize our obligations to make our students and parents aware of the risks and hazards associated with the sport of gymnastics, trampoline, tumbling and dance. Students may suffer injuries, possibly minor, serious or catastrophic in nature. Gymnastics, trampoline, tumbling and dance can be dangerous and can lead to injury.

As parents/guardians, I agree and promise to hold harmless and indemnify Jon Anstett Gymnastics or its employees in connection with any claims for personal liability, property damage, etc.

As parents/guardians, I fully understand that Jon Anstett Gymnastics staff members are not physicians or medical practitioners of any kind. With the above in mind, I hereby release the Jon Anstett Gymnastics Staff to render first aid to my child or children in the event of any injury or illness, and if deemed necessary by the Jon Anstett Gymnastics Staff to call our doctor and to seek medical help, including transportation by a Jon Anstett Gymnastics staff member or its representatives, whether paid or volunteer, to any health care facility or hospital, or the calling of an ambulance for the child should the Jon Anstett Gymnastics staff deem this to be necessary.

In case of an emergency, who should we contact: \_\_\_\_\_

Phone number of emergency contact: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

(Please print your name here)

\_\_\_\_\_ Date: \_\_\_\_\_

(Please sign your name here)